
7th Annual Bishop's Bike Ride to Conference

(Bicycling Charleston to Buckhannon)

Saturday, June 6 to Sunday, June 7, 2009

A fund-raiser to provide economic relief to many persons facing enormous financial challenges within the West Virginia Conference. Contributions will be sent to our conference mission projects to be distributed through the programs they have in place which provide economic relief to those who suffer in these economic times.

When: Begins Saturday, June 6 at 7:30 am
Ending Sunday, June 7 at 5:30 pm

Starts: St. Mark United Methodist Church
900 Washington Street, East
Charleston, WV 25301

Ends: Wesley Chapel – West Virginia Wesleyan College
Buckhannon, WV 26201

Riders are responsible for arranging their own transportation to start and from finish

Course: Route 119 to Elkview.
Rt. 4 & 19 to Walkerville
Rt. 19 to County Route 15, near Stonewall Jackson Lake
County roads through Vandalia and Atlas to Buckhannon

Motels: Microtel: 15 rooms reserved, single or double: \$64.99 plus taxes.
Rooms are held under **Bishop's Bike Ride**.
See Lodging Sheet; 304-364-6100.
Other lodging: Elk Motor Court, Sutton 304-765-7173
Days Hotel, Flatwoods 1-800-Days-Inn

Entry Fee: \$35 for registrations postmarked by May 29, 2009
\$50 postmarked by June 5, 2009
\$75 on ride day

Each participant must raise a minimum of \$250 in pledges for this event. All checks should be made to:
"Conference Treasurer". For more information, please contact J.F. Lacaria at
800-788-3746 ext. 27 or jayeph@aol.com or Fax 304-344-2871



Name _____

Male _____ Female _____ DOB _____

Address _____

Telephone _____

Home church _____

Emergency contact name _____ Telephone _____

I acknowledge that this athletic event, ***Economic Relief – We Care 150*** is a serious test of a person’s physical limits and carries with it the potential for injury and property loss. The risks include, but are not limited to, those caused by terrain, weather, condition of participants, equipment, vehicular traffic, lack of hydration, and actions of other people.

I certify that I am physically fit, have trained sufficiently for participating in this event and have not been advised otherwise by a qualified medical person. I acknowledge that this accident waiver and release of liability form will be used by the event holders and organizers, and that it will govern my actions and responsibilities at said event.

In consideration of my application and permitting me to participate in the ***Economic Relief – We Care 150***, I hereby take action for myself, my executors, administrators, heirs, next of kin, successors, and assigns as written: waive, release and discharge from any and all liability for my death, disability, personal injury, property damage, property theft or actions of any kind which may hereafter accrue to me including attorney’s fees, litigation costs, and my traveling to and from the ***Economic Relief – We Care 150*** event.

I hereby consent to receive medical treatment that may be deemed advisable in the event of injury, accident and/or illness during the event.

I understand that at this event or related activities, I may be photographed. I allow my photo, video or film likeness to be used for any legitimate purpose by the event holders, organizers or assigns.

This accident waiver and release of liability shall be construed broadly to provide a release and waiver to the maximum permissible under applicable law. I further agree to abide by all the rules and regulations as set forth by the event organizers. I hereby certify that I have read this document and understand its content.

Entrants Signature _____ Date _____

Parent or guardian’s signature (if under 18) _____

Return this application with registration fee to:

Make checks payable to:
“Conference Treasurer”

Economic Relief – We Care 150
The United Methodist Center
PO Box 2313
Charleston, WV 25328

Information Packet regarding our bicycling challenge for June 6 – June 7



Please find enclosed:

- Registration Form
- Pledge Sheet

Do you have questions?

- You can reach J.F. Lacaria at 800-788-3746 – ext. 27, or by email at jayeph@aol.com
- You can reach Jim McCune at 304-788-2561, or by email at JMccune301@aol.com

We have already been making great plans for support. Here is a general description of the ride:

- Depart from the United Methodist Center, 900 Washington St. East, Charleston on Saturday, June 6, at 7:30am after send-off blessing.
- Leave Charleston on Route 119, following the Elk River through Clendenin to Sutton (between Exits 62 and 67, I-79), a distance of 100 flat miles. There will be a rolling support station with snacks. Restrooms at 20 miles and 43 miles. Lunch at mile 43. After the lunch station, we will pass a few small stores along the way.
- Just before Sutton, we will reach our first overnight option, Microtel. Elk Motor Court, and Café Cimino Country Inn are ½ - 1 mile further. Days Hotel is 5.5 miles further. The sag wagon will provide shuttle service to Days Hotel if needed. We will have dinner together at 7:30 pm at the Cafe Cimino Country Inn (Italian Cuisine – preset menu, cost included in your registration fee).
- Sunday morning gathering for breakfast at Christ United Methodist Church, Sutton. Presentation on Economic Relief – We Care program through the conference mission projects,
- Leave Sutton after breakfast, 50 miles left to Buckhannon.
- Continue north on Route 4/19 through Flatwoods and Heaters, rolling hills; continue on Route 19 toward Stonewall Jackson Lake. Support will be provided by sag wagon. There are small stores along the route until Walkersville.
- Continue with steepest climbs on county roads through Vandalia to Atlas and the Buckhannon Airport.

Reach route 33, and use parallel road to enter Buckhannon to the campus and Wesley Chapel during the afternoon. All riders must be checked in by 5:30pm Sunday, June 7



LODGING ARRANGEMENTS
AND
DINNER @ CAFÉ CIMINO

A block of rooms has been reserved for riders at the Microtel Motel in Sutton. Riders must make their own reservations and arrangements for payment. The rooms are \$54.99 plus tax for a single or double. You must mention **Bishop's Bike Ride** when you make your reservation to get this rate. We have held twenty-five rooms, and they can be reserved first-come, first served.

Other overnight options include:

Elk Motor Court – Sutton – 304-364-6100

Days Hotel – Flatwoods – 800-DAYS INN

Café Cimino Country Inn – Sutton – 877-924-6466

Web: cafeciminocountryinn.com [sorry, the Inn is already booked for a wedding that weekend, but you may still want to check out their website]

One of the highlights of our ride is our Saturday evening feast at Café Cimino, in Sutton. Your registration fee includes the cost of your meal. Tim and Melody Urbanic will prepare a wonderful buffet, served overlooking the Sutton River. This really helps iron out all the stiffness and kinks after a century ride. The meal will be an Italian feast featuring vegetarian and meat entrees. The buffet extends from salad to dessert